



North Polk Football

North Polk Incoming 6th Grade Families:

For the fall, your incoming 6th Grade child(ren) to participate in the **2021 Little Comet Football Camp** and our **North Polk Comet Padded Flag Football League**. Additionally, we are offering an **11 on 11 Rookie Tackle Option** in conjunction with the Raccoon Valley Tackle League. As a family, you can decide and select the right amount of football for your child to play. These options are set up in a way to create a progression of skills introduced in camp, developed while playing flag football and tackle football. Essentially, this is a menu of participation in football.

5th Grade Football Progression Options:

- 5) Option #1:
 - a) Participate in the 2021 Little Comet Football Camp
- 6) Option #2:
 - a) Participate in the 2021 Little Comet Football Camp **and**
 - b) Participate in the North Polk Comet Padded Flag Football League
- 7) Option #3:
 - a) Participate in the 2021 Little Comet Football Camp **and**
 - b) Participate in the 11 on 11 Rookie Tackle Football (Raccoon Valley Football League)
- 8) Option #4: *Participate in all three and a discount will be applied when registering.*
 - a) Participate in the 2021 Little Comet Football Camp
 - b) Participate in the North Polk Comet Padded Flag Football League
 - c) Participate in the 11 on 11 Rookie Tackle Football (Raccoon Valley Football League)

Our North Polk Little Comet Camp in August for incoming 3rd, 4th, 5th, and 6th graders. The purpose of this camp is to introduce and develop skills associated with football: offensive and defensive stances, offensive and defensive skills, pursuit to the football, getting into a proper position to make a tackle, sportsmanship, being a great teammate, and having fun together while playing the great game of Football! The camp is led by the North Polk HS and MS Football Coaches with assistance from North Polk HS Football Athletes.

North Polk's Little Comets Football Camp Schedule:

Monday - Aug. 9th - 4:00 - 5:30 PM - Day 1
Tuesday - Aug. 10th - 4:00 - 5:30 PM - Day 2
Wednesday - Aug. 11th - 4:00 - 5:30 PM - Day 3
Thursday - Aug. 12th - 4:00 - 5:30 PM - Day 4

Coach TeBrink

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North Polk Football

The purpose of the **North Polk Padded Flag Football League** is to continue to develop skills associated with football learned in camp and adjusting to wearing a helmet and shoulder pads while playing flag football. These skills will be developed during a weekly practice and used during games. Games will be played on Saturday Mornings after a short practice. If you and/or your child is interested, please review dates below and mark on your calendars.

North Polk Padded Flag Football League Schedule:

Aug. 21st - Practice at 9 AM, 10 AM, or 11 AM options

Aug. 28th - Games at 9 AM, 10 AM (optional short practice before)

Sep. 4th (Labor Day weekend) - Games at 9 AM, 10 AM (optional short practice before)

Sep. 11th - Games at 9 AM, 10 AM (optional short practice before)

Sep. 18th - Games at 9 AM, 10 AM (optional short practice before)

Sep. 25th - Games at 9 AM, 10 AM (optional short practice before)

Sep. 30th - Under the LIGHTS Game Night *(Subject to change based on the scheduling of Homecoming)*

Starting this year, we are adding an option to play **11 on 11 Rookie Tackle Football in the RACCOON VALLEY YOUTH FOOTBALL LEAGUE**. Athletes will be using North Polk formations and plays used in Flag and developing their athletic skills while being introduced to playing tackle football on a compressed field. These games are played on Saturdays and Sundays.

RACCOON VALLEY YOUTH FOOTBALL LEAGUE Practice / Game Schedule:

SAT 8/21/21 Practice**

SAT 8/28/21 Practice**

SAT/SUN 09/11-12/2021 RYVFL Games – Week 1**

SAT/SUN 09/18-19/2021 RYVFL Games – Week 2**

SAT/SUN 09/25-26/2021 RYVFL Games – Week 3**

SAT/SUN 10/02-03/2021 RYVFL Games – Week 4**

SAT/SUN 10/09-10/2021 RYVFL Games – Week 5**

SAT/SUN 10/16-17/2021 RYVFL Games – Week 6**

SAT/SUN 10/23-24/2021 RYVFL Games – Week 7 (if necessary)**

***Weekly evening practice during the week will be set by coaches*

Link for Registrations: <https://www.northpolkcamps.com/index.cfm>

If you have any questions, please let me know. My contact information is listed below.

GO COMETS!

Coach TeBrink

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